

a2z Chewable	Adaptiv Capsules	Alpha CRS+	Bone Nutrient	Copaiba Softgels
Age 5+ 2 per day	1 as needed	2 with breakfast, 2 with dinner	2 with breakfast, 2 with dinner	As needed
DDR Prime Complex	Deep Blue Complex	DigestZen Softgels	DigestTabs	GX Assist
1 with breakfast, 1 with dinner	1 with breakfast, 1 with dinner	As needed	As needed	1-3 per meal
MetaPWR Assist	MetaPWR Softgels	Microplex VMz	Mito2Max	PB Restore
15 minutes before largest meal(s)	1-3 throughout the day	2 with breakfast, 2 with dinner	1 with breakfast, 1 with dinner	1-3 per meal
Serenity Softgels	Peppermint Softgels	Phytoestrogen	On Guard+ Softgels	TerraZyme
1-2 at bedtime	2 per day as needed before meals	1-2 per day as needed	As needed	1-3 per meal
Tri Ease	Turmeric Capsules	Veggie Caps	vEO Mega	xEO Mega
1-2 per day as needed	2 per day, as needed	Fill as needed	2 with breakfast, 2 with dinner	2 with breakfast, 2 with dinner
YarrowPom Complex	Zendocrine Complex	Zendocrine Softgels	MetaPWR Advantage	MetaPWR Recharge
2 per day as needed	2 with breakfast, 2 with dinner	1 softgel, 2-3x daily as needed	Mix 1 sachet in 5-8 oz of cool water	Pour into 16 oz of water & shake